



## MA, Postgraduate Diploma COUNSELLING

# PROGRAMME OUTCOMES

- have an advanced understanding of a range of counselling and psychotherapeutic practice topics
- demonstrate an ability to apply critical thinking and therapeutic competence in the range of professional development topics studied
- demonstrate competence in critically evaluating research evidence relating to professional development topics studied, and an ability to critically evaluate counselling and psychotherapy research material
- demonstrate the ability to be a reflective practitioner by recognising personal and professional development needs
- communicate concepts and arguments relevant to counselling and psychotherapy, both orally and in writing
- demonstrate the use of insight in understanding complex counselling, psychotherapy and supervision processes.



# PROGRAMME OVERVIEW

In the near future the government will require the regulation of psychological therapies and counselling and it will become an increasingly professionalised practice. The achievement of an advanced academic degree, in addition to an existing clinical qualification, will offer the opportunity for established practitioners to gain the academic knowledge and the professional development required to work at a higher level. The course takes an integrative approach and will provide opportunities for counsellors from a variety of orientations and backgrounds to share information and experience.

BACP's recommendations for core competencies and the evolving core curriculum will include an emphasis on research as part of practice and training. Therefore the emphasis of the programme is on evidence-based practice. This is led by an increased demand for services to be accountable and to provide detailed information on their effectiveness. Throughout the course you will develop the skills necessary to conduct your own research, leading to a 10,000-word dissertation in the counselling field, on a topic of interest to you.

# PROGRAMME OUTLINE

## Learning and Teaching Strategies

The course team will use a variety of teaching and learning strategies to fully engage you as a learner and help you to develop the skills necessary to work as a counsellor at an advanced level. These will include:

- role play
- group working
- individual tutorials
- case studies
- presentations
- guest speakers
- workshops
- masterclasses

## Practice, Supervision and Personal Therapy

As the basis of the course relates to practice as a counsellor at an advanced level, students accepted onto the programme are required to have a current counselling placement and a supervision arrangement in line with BACP recommendations. It is also recommended that students have access to personal therapy.

## Entry requirements

Applicants must have a first degree and a recognised clinical or therapeutic qualification.

## MODULES

### Postgraduate Certificate

Contemporary Issues and Debates in Counselling

Dilemmas in Professional Counselling Practice

Diversity and Difference in Counselling

### Postgraduate Diploma

**Compulsory**  
Research Methods in Counselling

**Elective (choose 4 out of 6)**  
Introduction to Counselling Supervision

Solution Focused Therapy Techniques

Life Coaching Skills for Counsellors

Relationship and Family Counselling

Counselling Adults for Grief, Bereavement and Loss

Counselling Children and Young People

### MA

Counselling Dissertation

## Duration of Programme

One year full-time  
Part-time flexible study available.

## Contacts

**Course Administration**  
Caroline Jean-Paul  
Email: [cjeanpaul@glos.ac.uk](mailto:cjeanpaul@glos.ac.uk)

**Course Leader**  
Lindsey Neville  
Email: [lneville@glos.ac.uk](mailto:lneville@glos.ac.uk)  
Tel: 01242 715286

