

# What's on?

You can always drop in to our spaces at any time, to chill, make a cuppa, or have a chat. See the back page for where to find us.

We also host a number of activities in our Faith Spaces and at the Chapel. Do come and have a look. Our events begin in the week of 30th September.

You can find the latest information here: [uniofglos.blog/chaplaincy](http://uniofglos.blog/chaplaincy)

## FCH CAMPUS - THE CHAPEL

Monday	5pm	<b>Cake and chat</b> - exploring questions about life and faith - and sharing cake!
Tuesday	8.30am	<b>Prayer breakfast</b> - sharing reflections, prayer and crumpets
Alternate Tuesdays	12.30pm	<b>A Walk in the Park</b> with chaplains and their dogs - meet at the Chapel
Tuesday	7.30pm	<b>Christian Union</b> - fellowship, worship and growing in faith together
Wednesday (except 3rd Weds)	5pm	<b>Soul Food</b> - time spent with a poem or a bible passage together over a cuppa
3rd Weds each month	5pm	<b>Holy Book Club</b> - different faiths reflecting on sacred texts together
Wednesday	7pm	<b>World Cafe</b> - chill out with friends from all over the world: games, table tennis, hot chocolate
Thursday	8.45am	<b>Breathe</b> - 15 minutes of quiet to start the day
	12.30pm	<b>Communion in the Chapel</b> followed by a simple free lunch
	7.30pm	<b>University Choir</b> keen singers welcome

## FCH CAMPUS - THE FAITH SPACE

Thursday	1.30pm	<b>Calm</b> - mindfulness meditation can help boost wellbeing, increase concentration and reduce anxiety & stress
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## PARK CAMPUS - THE FAITH SPACE

Monday	8.45am	<b>Head Space</b> - 15 mins of early morning meditation, followed by tea & toast
Alternate Tuesdays	12.30pm	<b>A Walk in the Park</b> with chaplains and their dogs - meet at the Faith Space
Wednesday	1pm	<b>Big Questions Cafe</b> - for students of all faiths and world views: free lunch
Thursday	8.45am	<b>Soul Space</b> - 15 mins of silent prayer in the Christian tradition, followed by tea, toast and discussion.
Friday	12.30pm	<b>Calm</b> - practising mindfulness meditation can help boost wellbeing, increase concentration and reduce anxiety & stress
	2-4pm	<b>Crafty Fridays</b> - art, craft, knitting, cooking. Material provided - all staff and students welcome.
	5pm	<b>Breathe</b> - quiet prayer to end the week

## OXSTALLS CAMPUS - THE FAITH SPACE

Tuesday	8.30am	<b>SoulSpace</b> - Quiet reflection to feed the soul, croissants etc to feed the body
	12.30pm	<b>Off the Ward</b> - A safe space to process experience especially useful for healthcare students. Lunch provided
Thursday	12.30pm	<b>Crafty lunchtime</b> - Art, craft, knitting and crochet. Material provided - all staff and students welcome
	4pm	<b>Cake and Chat</b> - a catch up, a pause, a community space at the end of the day...and cake!
Friday	1pm	<b>Jumu'ah Friday prayers</b> led by the Muslim Chaplain

## PITTVILLE - THE FAITH SPACE

Monday	4pm - 6.30pm	<b>Drop in</b> - come and meet the chaplain, over a cuppa
Thursday	12.15pm - 1.15pm	<b>Relaxed lunchtime</b> - bring your sandwiches for a relaxed lunch

## Where are we?

All our spaces welcome everyone, whatever your faith or worldview. You'll find a comfortable place to relax, free tea, coffee & biscuits, a microwave to warm up your lunch and some friendly people to eat it with.

Each space has a beautiful prayer room, where you can find quiet. You can meet us there, and make a time to talk if you would like.

- **FCH Chapel** by the Refectory - with kitchen, comfy seats etc
- **FCH Faith Space** next to Reception.
- **Park Faith Space** next to the Medical Centre.
- **Oxstalls Faith Space** along the corridor from the Refectory.
- **Pittville Faith Space** in the Laurie Lee Building.

## Who are we?



**Revd Simon  
Witcombe**

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### Park

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### Muslim Chaplain

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**Sarah Rogaly**

### Oxstalls

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**Jon Travers**

### Pittville

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We also have Associate Chaplains from the major world faiths who are happy to provide you with support & advice. Please ask for details.

Our Chaplaincy webpage is: [uniofglos.blog/chaplaincy](http://uniofglos.blog/chaplaincy)  
Find us on facebook: [universityofgloucestershirechaplaincy](https://www.facebook.com/universityofgloucestershirechaplaincy)  
Follow us on twitter: [@yourchaplain](https://twitter.com/yourchaplain)  
Follow us on instagram: [UoGchaplaincy](https://www.instagram.com/UoGchaplaincy)

# Chaplaincy

A welcoming space for everyone